



## INTERNATIONAL CREAVISTA SUMMER - CAMP 20.7. - 10.8. 2023 FOR ALL.

We are happy to open the Alpe Meccia/ Macugnaga for three weeks this summer for people who love nature! This open offer for all, which brings us joy individually and together, is suitable for groups, families, and individuals:



Together we want to create a colorful family time with children: Make many things ourselves, collect wood, saw, chop, make fire, cook together on the open fire & conjure up with wild herbs delicious, get water from the source and bathe in the river in cool pools, carving, painting, body painting and much more....

Here we can - free from all the distractions of "civilization" - be completely absorbed in nature, roam in the wild woods, dream, chill, sit in the shade and read, have good conversations, play games together or alone.... build a skill course, enjoy life to the fullest.

...we offer open workshops like African drumming, rhythm games, (Shanti has his Afro-drum set at the Alpe- so daily drumming is guaranteed), singing known and new songs from all over the world, and much more...

There are possibilities for joint mountain excursions, an accompanied medicine hike and a Walk-Away - an accompanied Solotime (12-24 hours) in the wild land: **BE ALONE in Nature...** more info here: <https://creavista.org/walk-away/>

We offer you guided meditations, exercises, bodywork/massages, creating rituals together and much more, tailored to your wishes and needs...

More Infos in English available:

<https://creavista.org/en/english-international-summer-camp-2023-for-all/>

### More information and costs:

Basic costs for logistics (place cost, sleeping in own tent, vegetarian full board and basic care) for adults from 35, - € daily, minimum stay: 4 days.

Families: get special conditions....

Financial compensation for workshops/ short quests, WalkAway etc. will be agreed with the respective guide...

Let us surprise you, more details will follow for those interested by mail!

Please send inquiries to [helen.schulz@creavista.org](mailto:helen.schulz@creavista.org)

we are multilingual (english, italian, german...)

Accompaniment: Helen & Shanti, Carlo Ceria & the CreaVista-Team (<https://creavista.org/en/directors/> )

WELCOME TO OUR SUMMER ADVENTURE 2023 AT ALPE MECCIA ON MONTE ROSA

