



Campus
CreaVista
Solutions

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Seminarinfos
Shanti Petschel
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Tuition

According to self-assessment:
from € 790.-

Extra Fee:
from € 390.- to € 590.-

for full board, vegan
incl. cost of infrastructure
(Transportation self-
organized; getting there,
we'll help form carpools)

For Reservation
on our website:

www.creavista.org



Vision Quest

for Men & Women

»Alpine Rose New Moon 2019«

2019 June 24th 18h to July 07th 12h
Language English / German
Lago di Orta/Italian Alps,
Northern Italy

Vision Quest is a Rite of Passage in 'real', wild nature. Since time immemorial people have withdrawn into the wilds of the mountains, fasting solo, self-contemplating. They knew such ceremonies as a powerful way of searching for meaning, self-healing and for stronger social integration. Being much more centered, self-reliant and connected to the whole was usually the result of such an endeavor. We still today can use that tool for essential, sustainable well-being and better self-esteem in times of crisis or change.

Your quest guides prepare you carefully for this Great Challenge and faithfully keep the center of the ritual, so that everyone who has gone boldly to 'dig for her roots' can come back safe and sound.

During the preparation and follow-up periods we live in our own tents. Our base camp is near a silvery, rushing river. Staying near the Home of Shanti, where we will be catered for with high quality vegetarian food. Our Assembly-Tipi is a sacred, protected space in which we can sit in a circle around the common Council Fire ... The camp is secluded, with basic and simple structures such as dining table, benches, solar shower, compost-toilet and hammock-groves. It is an approximate 30 min. walk to Pettenasco train station.

In times of change and transformation, such a threshold rite can contribute significantly to clarification, internal alignment and dignified parting with the past. Simultaneously, it describes



the courageous path of the 'hero', the 'heroine', from one completed stage of life to the next, more mature stage. Once everything is removed that so easily obstructs our view of the Essence of Life in everyday's struggle, we suddenly look truth in the face - our own living truth. We are faced with ourselves; genuine, inevitable, authentic!

By the ritual we are forced to take best care of ourselves; each decision we make, affects our own self, directly. Therein lies an outrageous challenge and tremendous opportunity. The four days solo time of your vision quest will lead you into an extensive rocky landscape, open to the West - facing the mighty glaciers of Monte Rosa, 4670 mtr., and South - with waterfalls, breath-taking views, hidden ravines, hiding places, with knotty grandparent trees - a fairy-land, rich in form and color ... where you go to meet the magic nights of the June New Moon! Countless rhododendrons, alpine roses, bloom just then, exploding plump and pink. Contrasting the fresh, incomparably delicate green of the Beech and Larch trees so wonderfully ...



Your Quest-Guides:

Shanti E. Petschel & Team

Born '49 · Director of Campus CreaVista, VisionQuest-Guide since 1993, trained by M. Little & S. Foster, Semu Huaute (USA); Wilderness Coach, Therapist

